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Learn: Cognitive Psychology - How To Learn, Any Skill Or Subject In 21 Days! (Learn, Learning Disability, Learning Games, Learning Techniques, Learning ... Learning, Cognitive Science, Study)



HOW TO **LEARN** ANY SKILL OR SUBJECT **IN 21 DAYS**

SEBASTIAN ARCHER



Synopsis

Learn Anything Faster than You Can Imagine â€“ Become an Unstoppable Learning Machine!***Read This Book for FREE on Kindle Unlimited - Download Now!***Use the worldâ€™s most advanced learning techniques and strategies to achieve an advanced level of skill in just 21 days. Stop wasting your time and money on old-fashioned learning methods that donâ€™t work!Do you find learning hard? Do you start to feel frustrated when you learn, or do you give up easily? Do you ever wish you could get really good at something very, very quickly?How to Learn Any Skill or Subject in 21 Days will teach you:â€¢How the worldâ€™s fastest learners approach a new skillâ€¢5 advanced techniques from cognitive psychology to break down any skill or subject into its most important componentsâ€¢One simple trick that can increase your learning speed tenfoldâ€¢3 Mistakes that take out most studentsâ€¢A structured, systematized way to approach any skill and master it in 21 daysDiscover what top performing athletes do every day to super-charge their speed of progression, why 90% of most skills and subjects are unnecessary, the latest secrets of cognitive science, and how to focus 500% more intensely, and take breaks that give your body and mind full recoveryDownload Now to start learning any skill or subject in 21 days and stop wasting your time, money, and energy on the wrong learning methods.Get it rightâ€”TODAYâ€”with How to Learn Any Skill or Subject in 21 Days.Youâ€™ll be so glad you did!

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Customer Reviews

This book is a very quick read. The author quickly outlines how to determine your goal, figure out what's the bare minimum required to achieve a proficient amount of knowledge and instructs you to put a concerted effort into achieving it. The book could've used some examples, perhaps a little story to illustrate his point. There were also some grammatical errors. All in all, it was a good book and I plan on rereading it whenever I have a task I want to concur in a short amount of time.

"The most important skill to learn is the skill of learning." à " Tony Buzan Great quote from this booklet and it really hits home. The skills it teaches for improving your cognitive function really ring true to me and make sense. After reading this, you feel like you can master a subject in three weeks. I say give it a try, this can impact your life, your level of intelligence by leaps and bounds.

This book is not very long but it does give you some tips and ideas on how to start a new skill or habit. But like anything in like it all comes down to just doing it and sticking with it. You do not really need a book to tell you how to start a new skill if you are not going to stick with it than you will most likely not even stick with reading the book. But this E-Book is wroth reading.

This is a really helpful book for trying to learn about cognitive psychology. If applied correctly I do believe that I can accomplish the task that I did purchase this book for in about 3 weeks. I am happy that I read this book and have already started to incorporate the teachings.

Now this is a book I really can say that changed the way I learn any subject. Sebastian Archer has really written a book that every student needs to read. If you are wanting to learn something and learn it fast; than I suggest you take this book very seriously. Once I started reading it, I couldn't put it down. Now, I use everything I have learned in this book to my advantage. And I take this advantage to the Bank!!!

Amazing book that got me really pumped and ready to learn the two skills I've been putting off for quite some time. Bought myself a cello almost 2 years ago now and still haven't learned to play it. In

21 days that will be very different!

I love the easy way that the points were layed out, one after the other. The guild lines were very clear and simple to follow. Everyone should be very excited to learn new skills and have a better understanding of the world around them.

Good information on forming new learning habits. Visualization and memory palace methods were very interesting. Would love to see more material on studying complex subjects that require analytical skills.

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